

January 20, 2019

**Speaker:** Tim McCardel

**Message Series:** Soul Detox

**Today's Message:** Hazardous Waste

**Big Difference:** Guilt and Shame → Hopeless Despair vs. Holy Spirit Conviction → Real Forgiveness and \_\_\_\_\_

Genesis 37:23-25 "They stripped Joseph of his beautiful robe... then they grabbed him and threw him into a pit." [Joseph—a tattletale, spoiled, bragger]

**Twenty-Two Years Later:** Genesis 42:21 "We saw the anguish of his soul when he pleaded with us and we would not hear... We are truly guilty."

**Truth:** Many people never \_\_\_\_\_ ... Many enter into darkness... Soul Death.

### #1. Uncovering Our \_\_\_\_\_ Sins

⇒ **We're Tortured By Thing's We've \_\_\_\_\_ :**

Psalms 38:3, 4 "Because of Your anger, my whole body is sick... My guilt overwhelms me—it is a burden too heavy to bear."

⇒ **We're Tortured By Lie's We \_\_\_\_\_ :**

John 8:44 "... you love to do the evil he does... he has always hated the truth... for he is a liar and the father of lies."

**Major Lie:** "I \_\_\_\_\_ help it" - toxic excuses

1 Corinthians 10:13 "... God is faithful... When you are tempted, He will show you a way out so that you can endure it."

**What Is Torturing Your Soul?** James 5:16 "Confess your sins to each other and pray for each other so that you may be healed."

### #2. Revealing \_\_\_\_\_ Roots

Hebrews 12:14, 15 "... without holiness no one will see the Lord. See to it that no one falls short of the grace of God and that no bitter root grows up to trouble you, corrupting many."

⇒ **Poison Blooms... Bitterness Grows... TOTAL RUIN Comes**

Ephesians 4:31, 32 "Get rid of all bitterness, rage and anger... along with every form of malice. Be kind and compassionate... forgiving each other, just as God in Christ forgave you."

◆ God's Command To Forgive Doesn't Have Exceptions - Matthew 6:14, 15

**Problem:** Many bitter people don't think they are bitter: they are convinced they are right!

### #3. Toxic Emotion: The Poison of Envy

**“Envy”** - to look upon with malice or resentment; discontentment, covetousness, born out of comparison

“Envy is when you resent God’s goodness in other people’s lives and ignore God’s goodness in your own life.” ~Craig Groeschel

Career envy... Appearance envy... Relational envy... Material envy...

James 3:14-16 “But if you harbor bitter envy and selfish ambition... is earthly, unspiritual, demonic. For where you have envy and selfish ambition, there you find disorder and every evil practice.”

Proverbs 14:30 “... a heart at peace gives life to the body but envy rots the bones.”

**Envy**—a constant craving, an insatiable appetite, “like planting nuclear waste in your flower bed”

Galatians 6:4, 5 “Each one should test their own actions... without comparing themselves to someone else...”

#### **What To Do:**

- \* **Celebrate With Others**—Romans 12:15 “rejoice with those who rejoice; mourn with those who mourn”
- \* **Embrace God’s Goodness**—1 Thessalonians 1:16-18 “Rejoice always... give thanks in all circumstances, for this is God’s will for you”
- \* **Spend Time With Grateful People**—Psalms 9:1 “I will give thanks to You with all my heart; I will tell of all Your Wonderful Works.”